

Age Grid & Divisions Offered

Dance	Нір Нор	Jazz	Pom
Ages 6 and under	V	V	V
Ages 8 and under	V	V	V
Ages 11 and under	V	V	V
Ages 14 and under	\checkmark	V	\checkmark
Ages 19 and under	V	v	\checkmark
Ages 13 and older	V	V	V

*All divisions must follow General Rules and Age Grids

Age as of December 31, 2021 for the following age divisions

<u>DIVISION SPLITS</u> Division splits and combining of divisions is at the discretion of each individual Event Producer.

Small: 5-15 Athletes

Medium: 16-23 Athletes

Large: 24-38 Athletes



Category	Point Descriptions- Each Bullet Point is Worth 2 Points
Technique	 Variety of skills Flexibility Timing Body Alignment Strength of Movement
Choreography/ Musicality	 Creativity Musical Interpretation Continuity/Flow Pace Spacing/Transitions/Layering
Difficulty	 Complexity of movements Routine Communication Originality Staging/Use of Floor Execution/Synchronization
Showmanship/ Performance	 Enthusiasm Confidence Eye Confidence Body Language Performance Quality
Overall Routine	 Difficulty/Risk Movement Skills/Technique Visual Effects Body Control/Placement



Dance Division Team Scoring System		Dance Division Hip Hop Jazz Pom	
Scoring Category	Maximum Points	Awarded Scores	
Technique	10		
Choreography/Musicality	10		
Difficulty	10		
Showmanship/Performance	10		
Overall Routine	10		
(Total Possible Points)	50		
	Category Points		
Category Total (Multiplied by 2)			
Total Scores Combined			
Total Deductions Combined			
Final Score (Optional Percentage of Perfection can be converted after deductions)			



DANCE RULES

• Time Limit: 1 ¹/₂ to 3 minutes for music

a) Timing and judging of routines will begin with the first note of music. b) Timing will end with the last note of music or last pose held. c) All participants should walk or spirit onto the floor and start their routine immediately after spacing of first formation/pose when the music begins. d) Any un-sportsmanlike conduct while entering exiting or during the routine may result in a one (1) point deduction

Music

- Athletes may perform to music of their choice that fits the style of dance that they are performing to. a) The music should be age appropriate. b) The music should avoid profanities. c) As the Coach or Parent/Guardian, you should pay attention to the connotation in the songs as well.
- Skills
 - o Gymnastic skills are allowed but NOT required

• Props/Scenery

- Athletes may use POMS during POM routines
- Poms are not allowed to be used in gymnastic moves
- No substance, rosin/powder, liquid, gel, aerosol, or glitter will be allowed
- No use of electricity, fire, weapons, or gun weapons (even toys) by the performer will be allowed.
- Dress Code/Shoes
 - Costumes must be age appropriate for family viewing
 - a) Be a representation of the choreography and theme of music. b) Be created in good taste and modesty and devoid of any vulgar words or graphics. c) Violations may be penalized or can be disqualified d) Questions about specific costumes can be directed to the event director. Final decision is up to Event Director.

Jewelry

• Is not allowed while performing

Definition of Penalties and Infractions

• Overtime/Under time

- \circ This is being over the maximum time allotted for a routine or being under the minimum time allotted for a routine. 0.1/penalty per second will be assessed either way.
- Fall
 - Unintentional floor contact in which the athlete's body hits the ground. 0.5 will be assessed per occurrence.

Unsafe Gymnastics

• This is when an athlete executes any or all of the following: a) Gymnastics moves with props or Poms in hand which are considered dangerous or unsafe. c)Gymnastic moves on top of equipment/props. d)Gymnastic moves as dismounts from equipment/props. e) Gymnastic moves that are not allowed. 2.0 penalty will be assessed for each violation.

• Violation of Rule/Tradition/Etiquette

• This is when an athlete or team violates any rule, part of a rule, or violates any tradition, custom, or breach of contest etiquette for which there is no specific rule provided. 2.0 penalty per violation or disqualification at discretion of the head judge



DANCE DEDUCTION SYSTEM

The philosophy behind the Global Cheer and Dance's deduction system is that the deductions must be justified, but also it is here to ensure fair play and the safety of the athletes. It is NOT intended to penalize the athletes.

Tumbling/Pom Touchdown				
-0.5	An obvious mistake is made including but not limited to, knees, head or hands touching the performance during the skill or landing of the skill.			
Rule Violations				
Definition	Rule violations (no matter the skill set) will result in a deduction per rule being violated. If the same rule is violated in sync, it will be deducted 1 time. However, if the same rule is violated multiple times throughout the routine, it will be assessed each time it is violated. For ex: 4 Sync'd groups perform same illegal inversion=1.5 pt. but if that same illegal inversion is performed again later by 1 or 2 groups in the routine, it will get an additional 1.5 deduction.			
-1.0	General/Tumbling Safety Infraction			
-2.0	Safety Infraction			
5	Routine Length and/or Image Policy			
-5.0	Unsportsmanlike Conduct Infraction			

