

Performance
Recreation Division

2023 – 2024



Global Recreation 2023 - 2024

Global Cheer Dance Offers Two Options for Performance Recreation.

- Global Performance Recreation is based on the level skills rubric and tumble is open to any safe tumble skills that can be performed.
- POP WARNER, AYC, YCADA Non-affiliated will follow YCADA rules.
 - YCADA rules can be located [HERE](#) or on our Global Cheer Dance website.

- Time limit is 2:30
- When registering, select the appropriate skills level based on a 90% skills perfection.
- When level is selected, choreograph the routine to the requirements in the rubrics for the specific skill and level.
- Dance should be age appropriate, not sexual or provocative in nature.
- Motions should not be violent in nature or have a sexual connotation.

- Sideline Cheer should register in this division.
- Jumps in performance recreation are cumulative.
- Tumble in performance recreation is cumulative and can be any level.
- Build should follow the level rubric safest for your team.
- If your team is non-mount / non-build or non-tumble, please note this during registration.